

District 1-A Jr. High Track

Thursday March 29, 2018

12:45-1:15 **Scratch Meeting**

| | | |
|------|-------------|-------|
| 1:30 | Discus | Boys |
| | Triple Jump | Boys |
| | Shot Put | Girls |
| | High Jump | Girls |
| | Long Jump | Boys |

| | | |
|------|-------------|-------|
| 2:30 | Discus | Girls |
| | Triple Jump | Girls |
| | High Jump | Boys |
| | Shot Put | Boys |
| | Long Jump | Girls |

| | | |
|------|------------|-------|
| 2:45 | 2400 M Run | Girls |
|------|------------|-------|

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|------|------------|------|
| 3:15 | 2400 M Run | Boys |
|------|------------|------|

Long Jump, Triple Jump, Shot, and Discus 4 attempts, score top 6—NO FINALS

Shots and Discs will be pooled for all to use.

The Long Jump/ Triple Jump we now have two pits. Please let your athletes know to have their mark and be ready to go.

3:45 **RUNNING FINALS**

400 M relay

800 M Run

100 M Hurdles

110 M Hurdles

100 M Dash

800 M Relay

400 M Dash

300 M Hurdles

200 M Dash

1200 M Run

1600 M Relay